

EUROPEAN
ATHLETICS

U18
CHAMPIONSHIPS

Rieti 2026

TEAM MANUAL



Guidobaldi Stadium

16-19 JULY

#rieti2026

CONTENTS

1	HOST COUNTRY AND CITY INFORMATION.....	5
2	TRANSPORTATION	7
2.1	Arrivals	7
2.1.1	Arrival by air	7
2.1.2	Arrival by road.....	7
2.1.3	Arrival by train.....	7
2.2	Visas	7
2.3	Insurance	7
2.4	Local transportation	7
2.4.1	Bus shuttle service.....	7
2.4.2	Transportation of equipment	8
2.5	Departure.....	8
3	ACCREDITATION	9
3.1	General information.....	9
3.2	Team Accreditation Centres.....	9
3.3	Registration procedure	9
3.4	Accreditation procedure.....	9
3.5	Access areas for Teams and special passes.....	10
3.6	Additional Team Official accreditation	10
4	ACCOMMODATION.....	12
4.1	General Information.....	12
4.2	Information desk	12
4.3	Official Team Hotels	12
4.4	Accommodation costs and European Athletics Quota.....	13
4.4.1	European Athletics Quota and Ratio of Athletes and Officials.....	13
4.4.2	Accommodation Costs	14
4.4.3	European Athletics Regulations.....	14
4.4.4	Payment procedures.....	14
4.4.5	Extra charges.....	15
4.4.6	Rooming list.....	15
4.4.7	Meals	15
4.5	Services in the Team hotels	16
4.5.1	Meeting rooms.....	16
4.5.2	Rooms for physiotherapy.....	16
4.5.3	Check-in/Check-out times.....	16
5	TEAM SUPPORT SERVICES	17
5.1	Virtual TIC.....	17
5.2	Technical Information Centre (TIC)	17
5.3	Orientation Visit and Technical Update	17
5.4	Written questions	18
5.5	Team Leaders' WhatsApp group.....	18
5.6	Athletes Lounge – Relax, Play, Learn & Connect.....	18
6	EVENT VENUES, EQUIPMENT & IMPLEMENTS	19
6.1	Competition venue	19
6.1.1	Stadia Events	19
6.2	Warm-up venues.....	19
6.2.1	Stadia events	19
6.2.1.1	Main Warm-up venue	19

6.2.1.2	Warm-up venue for Throwing events	20
6.3	Training venues.....	20
6.4	Official Training at the Competition venue	20
6.5	Maximum spikes length.....	20
6.6	Equipment & Implements.....	21
6.6.1	Official Throwing Implements.....	21
6.6.2	Personal Implements	21
6.6.3	Markers	21
7	ENTRY SYSTEM & FINAL CONFIRMATIONS.....	22
7.1	Entry Conditions and Qualification System	22
7.2	Entry procedures	22
7.2.1	Final Entries.....	22
7.2.2	Changes in logistics data	22
7.2.3	Final Confirmation	22
7.2.4	Relays Declaration Forms.....	23
7.2.5	Failure to Participate	23
7.2.6	Withdrawal	23
7.2.7	Athlete Replacement Policy.....	23
8	COMPETITION PROCEDURE	25
8.1	Timetable	25
8.2	Competition Bibs	25
8.3	Competition Clothing & Shoes.....	25
8.3.1	Competition Clothing	25
8.3.2	Competition Shoes	25
8.4	Call Room.....	26
8.4.1	Stadia Events	26
8.4.2	Call Room Procedures.....	26
8.4.2.1	General.....	26
8.4.2.2	Combined Events.....	27
8.5	Specific Event Procedures	27
8.5.1	Track Events	27
8.5.2	Race-Walking Events	27
8.5.3	Field Events.....	27
8.5.3.1	Competing Order Horizontal Field Events.....	28
8.5.4	Combined Events.....	28
8.6	Post Competition Procedures.....	28
8.7	Protests.....	28
9	MEDICAL SERVICES & ANTI-DOPING	29
9.1	Medical Services.....	29
9.1.1	Medical Services in the Team Hotels	29
9.1.2	Medical Care at the Competition Venue.....	29
9.1.3	Medical Care at the Warm-up Area.....	30
9.2	Physiotherapy Services	30
9.2.1	Physiotherapy Services in Team Hotels.....	30
9.2.2	Physiotherapy Services at Warm-up/Training Venues	30
9.3	Responsible use and discarding of needles at European Athletics events.....	30
9.4	Import of Medication and Medical Equipment.....	31
9.5	Doping Controls	31
9.5.1	General Information.....	31

9.5.2	Additional Controls.....	31
9.5.3	Therapeutic use information	32
10	CEREMONIES	33
10.1	Opening Ceremony	33
10.2	Medal Ceremonies	34
11	SAFEGUARDING	35
12	SUSTAINABILITY	36
13	APPENDICES	38
	Appendix 1 – Competition Venue and surroundings.....	39
	Appendix 2 – Competition Venue – Infield Layout & Coaching Zones	40
	Appendix 3 – Main Warm-up and Training Venue	41
	Appendix 4 – Throwing Warm-up and Training Venue.....	42

1 HOST COUNTRY AND CITY INFORMATION

Italy, officially the Italian Republic, is a country in Southern and Western Europe. Located in the middle of the Mediterranean Sea, it consists of a peninsula surrounded by the Alps and several islands, notably Sicily and Sardinia. Italy shares its borders with France, Switzerland, Austria, Slovenia and two enclaves: Vatican City and San Marino. Its territory also includes Campione (an exclave surrounded by Switzerland) and the Pelagie Islands (an archipelago in the African Plate). It is the tenth-largest country by land area in the European continent, covering an area of 301,340 sq km, and the third-most populous member state of the European Union, with a population of nearly 60 million. Its capital and largest city is Rome.

Government: Unitary Parliamentary Republic

Location: Southern and Western Europe

Area: 301,340 sq km

Population: 58,853,482 (2022 est.)

Coastline: 7,600 kilometres (4,722 miles) on the Adriatic, Ionian, Tyrrhenian seas

Climate: Mild Mediterranean

Language: Italian

Religion: 84.4% Christianity; 11.6% no religion; 1.0% Islam; 3.0% other (2020)

Capital: Rome

Local Time: UTC +1 (CET)



Electricity: 220 Volt (C, F, L plugs)

Driving: Right hand side

Telephone: Country Code 0039

Mobile Phone Networks: TIM, Vodafone, Wind-Tre, Iliad, others...

Currency: EURO

Host city: Rieti

Rieti is the capital of the province of the same name, situated in the heart of central Italy, in the Lazio region. With a population of around 45,000, it is one of the main historical, cultural and natural centres of the central Apennines and is considered the geographical heart of the Italian peninsula.

Nestled in the fertile Piana Reatina and crossed by the River Velino, Rieti lies at an altitude of around 400 metres above sea level, surrounded by a landscape characterised by mountains, woods, lakes and historic villages. The city is dominated by Mount Terminillo, one of the main nature and sports destinations in central Italy, which helps to make the area an ideal place for outdoor activities all year round.

Rieti is universally recognised as the “City of St Francis”, thanks to the numerous sites linked to the saint’s presence and the famous Valle Santa Reatina, home to the Franciscan shrines of Greccio, Fonte Colombo, Poggio Bustone and La Foresta, which attract thousands of pilgrims from all over the world every year.

The city also boasts a long tradition of international sport. Thanks to the Raul Guidobaldi Stadium and its modern athletics facilities, Rieti is considered one of Europe’s athletics capitals, having hosted numerous world records, international championships and prestigious sporting events over the years.

The historic centre preserves important medieval and Renaissance landmarks, including the Cathedral of Santa Maria Assunta, the Town Hall, the ancient city walls and the fascinating underground network of medieval Rieti.

Thanks to its strategic location, quality of life, historical, cultural and environmental heritage, and its long-standing sporting tradition, Rieti is a destination that successfully combines tradition, innovation, sustainable tourism and major international events, offering visitors an authentic experience of Italy.

2 TRANSPORTATION

2.1 Arrivals

To ensure a proper pick-up procedure, all teams are responsible for including their exact arrival information in the Final Entries (see section 7.2.1). After the closing of the Final Entries, any amendments and updates will have to be sent by email to transportation@rieti2026.com with copy to competition@european-athletics.org.

Upon arrival, Team Leaders are required to proceed to the Team Accreditation Centre (TAC) to complete the accreditation procedures.

2.1.1 Arrival by air

Upon arrival at Leonardo da Vinci–Fiumicino Airport the teams are kindly asked to approach the Welcome Desks which are located at Arrivals Terminal. In emergency you can also contact the LOC by phone. The contact details will be circulated.

If your flight is delayed, please approach the Welcome Desk. For lost luggage, proceed directly to the designated desk located in the baggage claim area.

In case of early or late arrivals, accreditation formalities shall be carried out the following morning or as soon as possible.

2.1.2 Arrival by road

Teams arriving by road are kindly asked to go directly to their allocated Team Hotel, where they will be welcomed at the information desk.

Each Team Hotel provides parking (depending on availability). To book car and bus parking you can send us an email at transportation@rieti2026.com.

2.1.3 Arrival by train

Teams or Team Members arriving at Roma Tiburtina train station will be greeted at the corresponding platform by volunteers who will ensure smooth arrivals.

2.2 Visas

Detailed information about the Visa was shared with European Athletics Circular Letter 2025/31. You can find it also on [European Athletics website](https://www.european-athletics.org).

2.3 Insurance

Requirements about the insurance of the participating team members can be found in the competition regulations available on [European Athletics website](https://www.european-athletics.org).

2.4 Local transportation

2.4.1 Bus shuttle service

Transportation between the Team Hotels and the various venues, including the competition venue, the warm-up and training areas and the locations of official and social functions, will be guaranteed by the LOC shuttle service. All transportation schedules will be available in the Virtual TIC and will be also displayed at the information board both in the Team Hotels as well as in the

other venues which are serviced by shuttles. Furthermore, there will be Information Desks operated by volunteers at the Team Hotels which can assist with any questions or requests related to transportation. Given the wide range of accommodation options and the relatively long distances between hotels and the stadium, teams are strongly encouraged to plan accordingly and, whenever possible, remain at the stadium throughout competition sessions.

2.4.2 Transportation of equipment

Each team is responsible for organising transportation of its poles until arrival to the official arrival point in Italy.

To ensure a proper pick-up procedure, all Teams are responsible for correct arrival information in the Final Entries including registering the poles as bulky luggage/special travel needs.

Upon arrival at the Rome Airport, pick-up of the poles will be arranged by the LOC who will transfer them to Guidobaldi Stadium, where they will be at the athlete's disposal.

In case of need, please, contact the LOC by email: transportation@rieti2026.com

When you are travelling straight to the Team Hotel by your vehicle, please bring the poles to the Information Desk in the hotel. We will make sure your poles will be picked up by the LOC and transferred to Guidobaldi Stadium.

All poles or bag of poles should bear the identification of the athlete (tag of the name, country, gender, event, number of poles per bag). You will be requested to fill in also a form upon arrival. Team Leaders will be provided with the name and telephone number of the appointed pole coordinator, for any vaulting pole related questions/issues for proper handling.

2.5 Departure

The frequency of this service will be based on the departure schedule, which will be posted at the Information Desk of each Team Hotel.

Teams will be asked to provide full travel details together with the Final Entries. After the closing of the Final Entries, any amendments and updates will have to be sent by email transportation@rieti2026.com with copy to competition@european-athletics.org. Team leader will also have to confirm departure details on site during accreditation process.

3 ACCREDITATION

3.1 General information

In general, an accreditation card is proof of authority to access specific zones to carry out a function. It will contain alpha-numeric and colour-coded cardholder categories and numbered Accreditation Zones. The listed zones on each card will indicate the specific access privileges for each individual.

Each Team Member will receive an accreditation card, which must be always worn and should always be clearly visible. The accreditation is not transferable and does not allow the holder to take another person beyond checkpoints. The holder is granted access rights only to the zones indicated on the front and shall use the designated entrances accordingly. The accreditation card remains European Athletics property and can be withdrawn at any time.

3.2 Team Accreditation Centres

The Teams' Accreditation Centres (TAC) will be located at Roma Domus Hotel and PalaCordoni (competition venue).

The opening dates and times of the Teams' Accreditation Centres will be as follows:

Date	Opening hours
Monday 13 July 2026	14:00 – 22:00
Tuesday 14 July 2026	08:00 – 22:00
Wednesday 15 July 2026	08:00 – 22:00
Thursday 16 July 2026	08:00 – 22:00
Friday 17 July 2026	08:00 – 22:00

The opening hours of the Teams' Accreditation Centres will be adapted if necessary. The LOC will consider the team's arrival times & details to enable all teams to pick up their accreditation.

3.3 Registration procedure

Registration of all Team Members must be done through European Athletics Entries System, during the Final Entries which will be open from 15 June to 06 July 2026 (14:00 CET).

3.4 Accreditation procedure

The Team Leaders will be asked to complete the following formalities before they can collect the accreditation cards for the whole team:

- LOC accommodation invoice
- Team vest check
- Confirmation of departure details

Please note:

- Unauthorised use of an accreditation card will result in the card being confiscated.

Loss or damage of accreditation card:

A lost accreditation card is a potential security risk and will be treated very carefully by the security authorities. Any lost or damaged accreditation cards should be reported immediately to the

Teams' Accreditation Centre. In case of losing the accreditation card, a fee of 150 EUR will be charged for the replacement.

3.5 Access areas for Teams and special passes

All team accreditation cards will allow access to the team seating area, Warm-up and Training Areas, changing facilities and physiotherapy rooms. Only athletes who are about to compete will have access to the Call Room and to the infield – escorted by the Officials. Furthermore, the accreditation can be used to access the Team Shuttle services and the meals in the dedicated catering area.

The Head of Delegation or the Team Leader from each team is invited to the VIP Hospitality area and will be given the necessary access rights on the accreditation card.

European Athletics shall provide special passes as required for the following categories:

- Field events coaching zone when needed (one per athlete)¹,
- Combined events resting area - CERA (one per athlete + one per team)¹,
- Mixed zone (for access to athletes at the end of the mixed zone) – one per team for the teams who have no Team Press Liaison,
- Medical Pass (one per team with medical personal, plus one extra for bigger teams, which will be distributed by the Medical Delegate).

Access to the Doping Control Area:

The athlete (and his/her representative) can access the Doping Control Station only when accompanied by a chaperone. A delayed representative, who wishes to accompany his/her athlete, shall go to the TIC from where he/she will be escorted to the Doping Control Station by a volunteer once his/her athlete is identified, and the athlete is not yet accompanied by another representative.

In case the athlete needs to be tested, because of a record or any other reason, a "Doping Control Request Form" must be first submitted through the Virtual TIC. After completing the administrative duties, the athlete (and his/her representative) will be escorted to the Doping Control Station from the TIC.

Access to Coaching Zones:

To allow communication between athletes and coaches, seats have been reserved in the stands close to the field events (see Appendix 2).

For all field events including the field events for combined events, coaches are requested to meet at Call Room ("Coaches' collection point") at the closing time of the Call Room for the respective discipline from where they will be escorted to the respective coaching zones. When not joining the group, coaches cannot enter the areas where the coaching seats are located.

3.6 Additional Team Official accreditation

Further to the maximum number of Team Officials eligible for an accreditation as per the ratio of Athletes & Official (shared through European Athletics Circular Letter 2025/31 and also available on [European Athletics website](#)), Teams may also purchase additional Team Official accreditations (without accommodation and transportation but with access to the warm-up, training facilities

¹ Special pass(es) will be distributed at the TIC, the day before the respective event, upon signature of the Team Leader and will be recognised only in combination with personal accreditation.

and team areas). This accreditation will be charged at the rate of EUR 150 for the duration of the Championships and directly incorporated to the invoice of the respective Member Federations. European Athletics reserves the right to refuse accreditation to any Official that is not clearly identifiable as a Team Official or a Personal Coach.

4 ACCOMMODATION

4.1 General Information

The LOC has made accommodation arrangements for Team Members in 18 hotels, located in different clusters: Rieti, Terminillo, Terni and Fiano Romano.

The hotels will officially open with full services on Monday 13 July (official period: 14 – 20 July 2026). If members of your federation are planning to arrive earlier, please contact the LOC by email to accommodation@rieti2026.com well in advance to make sure specific arrangements are made.

4.2 Information desk

An Information desk will be in the lobby of each Team Hotel with qualified personnel offering relevant information about all aspects of the European Athletics U18 Championships.

The Information desks' opening hours will be as follows:

Date	Opening hours
Tuesday 14 July 2026	Depending on teams' travel details
Wednesday 15 July 2026	06:00 – 00:00
Thursday 16 July 2026	06:00 – 00:00
Friday 17 July 2026	06:00 – 00:00
Saturday 18 July 2026	06:00 – 00:00
Sunday 19 July 2026	06:00 – 00:00
Monday 20 July 2026	06:00 until last departure

4.3 Official Team Hotels

The official Team Hotels for the European Athletics Championships are indicated below with a link to the hotel website where further details can be found:

Team Hotel	Address	Website
IPPSEO A RIETI	Via Salaria per Roma 381, 02100 Rieti	N/A
COA Forestale Dormitory (RI)	Via Marco Curio Dentato, 13, 02100 Rieti	N/A
Grand Hotel 4 Stagioni	Piazza Cesare Battisti, 14, 02100 Rieti RI	https://www.hotelquattrostagionirieti.com/
San Pastore Agriturismo	Via Terni, 43, 02043 Contigliano RI	https://agriturismosanpastore.it/
Hotel Serena	Via dei Salici, 46/a, 02100 Rieti RI	https://www.hotelserenarieti.it/en/
Hotel Ristorante Da Valerio	Via Salaria per Roma, 4, 02010 Santa Rufina RI	https://www.davalerio.it/

Scuola Forestale Dormitory (ITALY)	Via Francesco Senese, 1, 02015 Cittaducale RI	N/A
Hotel Togo Palace	P.le Zamboni, 10, 02100 Rieti RI	https://www.hoteltogopalace.com/en/
Marina Militare Club Hotel	Via dei Villini, 72, 02100 Pian De' Valli RI	N/A
Sporting Hotel 3 Cime	Via dell'Anello, 3, 02100 Rieti RI	https://www.hoteltrcime.it/en/
Aeronautica Militare Dormitory	Via dei Villini, 69, 02100 Terminillo RI	N/A
Roma Domus Hotel	Via Provinciale km 3, 00, 00060 Ponzano Romano RM	https://www.romadomushotel.com/en/welcome3-2/
Hotel Palace Inn	Via Milano, 15, 00065 Fiano Romano RM	https://www.palaceinn.it/
Hampton by Hilton Rome North Fiano Romano	Località Bei Poggi Snc, Fiano Romano, Rome, 00065, Italy	https://www.hilton.com/en/hotels/fcorohx-hampton-rome-north-fiano-romano/
Hotel Relax Roma Nord	Via Milano, 19, 00065 Fiano Romano RM	https://www.hotelrelaxgroup.it/en/
Best Western Park Hotel Roma Nord	Via Variante Tiberina, 21, 00065 Fiano Romano RM	https://www.parkhotelromanord.it/en/home-page.aspx
Quality Hotel Green Palace	Via Salaria, 207, 00015 Monterotondo RM	https://www.qualitygreenpalace.it/
Hotel Valentino Terni	Via Plinio il Giovane, 5, 05100 Terni TR	https://www.hotelvalentinoterni.com/en/

Reservations will be made by the LOC based on the accommodation requirements indicated in the Final Entries. Team Hotel allocations will be communicated after the closing of the Final Entries.

4.4 Accommodation costs and European Athletics Quota

4.4.1 European Athletics Quota and Ratio of Athletes and Officials

Detailed information about the European Athletics Quota and Ratio of Athletes and Officials were shared with European Athletics Circular Letter 2025/31. You can find it also on [European Athletics website](https://www.european-athletics.org/).

4.4.2 Accommodation Costs

For all athletes within the European Athletics Quota, European Athletics will pay for full board accommodation, as stipulated in the European Athletics Competition Regulations (1610.4), for a period limited to the number of competition days (4) plus two (official period).

The official period is thus 6 nights: check-in on Tuesday 14 July and check-out on Monday 20 July 2026. No contribution shall be made for athletes representing the host Member Federation.

An additional night has been fixed for Monday 13 July. This means that if your team is planning to stay outside this period (7 nights), the above-mentioned rates will not apply, and a separate agreement will have to be made with the Rieti 2026 LOC (e-mail to: accommodation@rieti2026.com).

The following rates (per room) apply for Team Members. This includes meals, VAT and local tax.

Team Members	Single room	Twin room
In-quota Athletes during official period	(N/A)	covered by LOC/EA
Accommodation cost	145 EUR per night	230 EUR per night
Discounted accommodation cost (dormitories)	110 EUR per night	180 EUR per night

For the official period, each Team will be allocated a minimum number of single rooms equivalent to 10% of the total number of travelling athletes and officials registered in the Final Entries. Additional single rooms can be requested and will be given according to availability.

Depending on the assigned hotel or dormitory, the LOC may need to allocate a certain number of triple rooms to participating teams. If a team is allocated one or more triple rooms, the Accommodation cost per triple room will be 345 EUR, or 270 EUR in the case of Discounted accommodation cost for teams housed in dormitory facilities.

In case of later arrival/early departure of the sharing person, the night in the twin room used as a single room will be charged at the rate of the twin room.

4.4.3 European Athletics Regulations

The European Athletics Regulations are published on EA website and can be downloaded in the [Team & Media Information section](#).

4.4.4 Payment procedures

Each Federation may be requested to make an advance payment of 50% of the total accommodation costs based on their Preliminary Entries. The accommodation invoice will be sent to each Member Federation detailing the amount still due after the Final Entries. Advance payments should be made in EUR by bank transfer to the following account:

Bank account name	COMITATO RIETI 2026
Bank name	BANCA DI CREDITO COOPERATIVO DI ROMA
Bank address	VIA DEGLI OLIVI 95, 02100 RIETI - ITALY
IBAN	IT84A0832714600000000006006
Swift No.	ICRAITRRROM
Bank reference	GRUPPO BANCARIO COOPERATIVO ICCREA
Bank VAT	15240741007
Company VAT	15240741007

The remaining sum (= Final Entry sum – pre-payment) will be invoiced on 07 July 2026, directly after the Final Entry deadline. Should the remaining amount (after the Final Entries) be settled by bank transfer, the Team Leader is requested to provide the LOC with a proof of payment (copy of bank transfer) upon arrival during the accreditation process. Otherwise, the balance of the payment must be paid on-site by the Team Leader upon arrival at the TAC.

Please note that payment at the TAC can only be made by credit card (Visa, MasterCard). Respective logistics and costs must be managed by the team itself. There is no currency exchange on site.

4.4.5 Extra charges

All extras (e.g. laundry, parking...) must be settled by cash or credit card directly on-site by the consuming person. Each hotel minibar is emptied and can be used to refrigerate own beverages. Furthermore, the Team Leader will be requested a credit card at check-in by the hotel reception desk to guarantee for their extras and the extras for the entire Team. Any not settled extras (e.g. phone bills or other extra services at the hotel) must be paid by the Team Leader at the latest before the departure. All payments must be made in EUR. We kindly ask the Team Leaders to check the account for extras at the reception one day in advance before departure to avoid long waiting time at check-out on the departure day.

4.4.6 Rooming list

Detailed information about athletes' and officials' rooming list will have to be entered by the Member Federations during the Final Entries process.

After the closing of the Final Entries, any amendments and updates will have to be sent by email to LOC to accommodation@rieti2026.com with copy to competition@european-athletics.org.

While registering their Final Entries, Member Federations will be requested to sign a consent form to allow the list of the room numbers for the members of the respective team to be communicated to Sample Collection Officials. This information will only be used for the purposes of the blood and urine testing, will be confidentially treated, and destroyed once it is no longer required for these purposes.

4.4.7 Meals

Breakfast will be served at the hotels and dormitories. Lunches and dinners will be served in the Catering area, walking distance from the Competition venue.

The menu plan will be based on European Athletics Nutritional Guidelines. A large selection of suitable food will be available taking into consideration special diets, religion and culture of the participants. Meals times shall be as follows:

	14 July	15 July	16 July	17 July
Breakfast	N/A	N/A	N/A	N/A
Lunch	11:30 - 16:00	11:30 - 16:00	11:30 - 16:00	11:30 - 16:00
Dinner	18:00 - 22:30	18:00 - 22:30	18:00 - 22:30	18:00 - 22:30

	18 July	19 July	20 July	21 July
Breakfast	N/A	N/A	N/A	N/A
Lunch	11:30 - 16:00	11:30 - 16:00	N/A	N/A

Dinner	18:00 - 22:30	18:00 - 22:30	N/A	N/A
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A late serving provision will be made for those athletes retained at the stadium due to doping controls or protests.

Water, coffee and tea will be available free of charge during the mealtimes.

Moreover, each athlete will be given a refillable ecologic bottle to use during the event. Nevertheless, at the competition, warm-up and training venues bottle water will also be provided. Accreditation cards will allow access to meals.

4.5 Services in the Team hotels

4.5.1 Meeting rooms

A general meeting room per Team Hotel will be available during the official period, for all Teams staying at the respective hotel. Bookings can be made by the Team Leader at the Information Desk at a reasonable time in advance. To ensure fair distribution among all Teams, usage per Team is limited.

Teams requiring any additional service may make separate arrangements through the Information Desk. There is also the possibility to reserve office/meeting rooms for exclusive use at the Team's expense (dedicated team meeting rooms with the exclusive right for the whole duration of the Championships). For these, please contact LOC: accommodation@rieti2026.com.

4.5.2 Rooms for physiotherapy

General physiotherapy rooms will be available in all hotels for the Teams to set-up their massage beds. To ensure a fair distribution among all Teams, the usage of the general physiotherapy rooms per Team might be limited.

There is also the possibility to reserve physiotherapy rooms for exclusive use at the Team's expense (dedicated team physiotherapy rooms with the exclusive right for the whole duration of the Championships). For these, please contact LOC: accommodation@rieti2026.com.

4.5.3 Check-in/Check-out times

Check-in after 14:00 and check-out by 11:00. Please note that an early check-in is upon availability. For a guaranteed early check-in, the room needs to be booked for the previous night.

Please contact accommodation@rieti2026.com for specific arrangements outside these times.

5 TEAM SUPPORT SERVICES

5.1 Virtual TIC

Team Leaders will be provided with an individual and personalised access to European Athletics online tool, where they will be able to:

- Make their Final Confirmations,
- Download information posted by the LOC/European Athletics (technical information, qualification procedures and starting heights, daily call room schedule ...),
- fill-in competition forms (question for Technical Briefing, technical enquiries to TIC, withdrawal forms ...),
- Launch protests,
- Request for additional doping control (e.g. for ratification of a performance) by completing the "Doping Control Request Form".

The platform will be accessible at a link to be communicated to the Teams after the Final Entries. The online tool is accessible via any device (e.g. PC, smartphone, etc) having access to the internet.

European Athletics strongly encourages the Team Leaders to use the Virtual TIC for filling-in all relevant competition forms, including the forms for the protests.

5.2 Technical Information Centre (TIC)

In case of any in person help or assistance needed, Teams can contact the TIC on site. The TIC is located at the competition venue, close to the call room entrance (see Appendix 1).

The TIC will be open according to the following schedule:

Date	Opening hours
Wednesday, 15 July	10:00 – 13:00
Thursday, 16 July	07:00 – 21:00
Friday, 17 July	07:00 – 21:30
Saturday, 18 July	07:00 – 21:30
Sunday, 19 July	07:30 – 21:00

The TIC is responsible for, but not limited to, the following:

- Display on the relevant notice board of official communications to the teams, including start lists, results and Call Room schedule,
- Distribution of urgent notices to the delegations from the Technical Delegates and Competition Management via the virtual TIC and dedicated Team Leaders' Group,
- Distribution of special passes the day before the respective event, according to start lists,
- Informing teams in case of any personal implement is not approved after implement control.

5.3 Orientation Visit and Technical Update

There will be an Orientation Visit and Technical Update at Guidobaldi Stadium organised on Wednesday, 15 July 2026 at 11:00 for the Team Leaders to inspect access routes and other facilities which will be important to the Teams and to receive Technical Update by the Technical Delegates. Team Leaders are to meet LOC members at the TIC, from where they will be escorted to this visit. Each team may be represented by a maximum of two people. There will be no dedicated transport provided for this activity. Team Delegates shall use the Team Shuttle Service from the Team Hotel. Please refer to the Information Desk in the Team Hotel for detailed information. Competition bibs will be distributed at the end of the meeting.

5.4 Written questions

Any enquiries concerning the technical conduct of the Championships must be made in writing (in English). The questions have to be filled-in online, via the Virtual TIC, by Tuesday, 14 July 2026 at 17:00.

All the latest updates (timetable amendments, qualifying procedures, starting heights and progression, etc.) and the answers to written questions will be provided to the Teams via Virtual TIC.

5.5 Team Leaders' WhatsApp group

A WhatsApp Group including all Member Federations' Team Leaders will be created on site, in order to offer an additional platform to address instant messages and announcements. Major information of interest for all will be communicated to the Teams by the TIC/European Athletics via this group.

European Athletics kindly asks the Team Leaders to use this group only for questions or concerns of the interest of all teams. For the questions and concerns of his/her team only, a Team Leader is encouraged to use other means of communication with the European Athletics and the LOC (email, submitting a general inquiry form in Virtual TIC, etc.).

5.6 Athletes Lounge – Relax, Play, Learn & Connect

The Athlete Lounge in Rieti is your space to relax during the day, meet new friends, have fun, and learn through interactive activities designed by young people, for young people.

Open daily from 9:30am to 9:30pm at the second bend of Guidobaldi Stadium, the Lounge offers a safe, welcoming, and vibrant atmosphere away from competition stress.

Bring a small memorabilia item from your country to exchange with fellow athletes and create lasting memories and friendships.

The Lounge will also feature exciting activities including dedicated zone for:

- Escape Room challenges
- Photo Booth fun
- Right Move & Right Word sessions
- Quizzes, games, and interactive learning activities

Whether you want to chill, play, learn new skills, or simply enjoy the atmosphere, the Athlete Lounge is the place to be throughout the championships.

6 EVENT VENUES, EQUIPMENT & IMPLEMENTS

6.1 Competition venue

6.1.1 Stadia Events

Guidobaldi Stadium and its surroundings are shown in Appendix 1. The infield layout of the Guidobaldi Stadium is shown in Appendix 2.

6.2 Warm-up venues

Details about transportation for warm-up sessions are included in the transport section of this manual. The transport schedule will be displayed at the Information Desk in each Team Hotel.

Please bear in mind that due to the limited capacity of the Warm-up venue, access will be guaranteed to the athletes (and their support personnel - coach and physio) competing in the respective session. Access to the Warm-up area for other team members may be limited to ensure suitable conditions for warm-up purposes.

6.2.1 Stadia events

6.2.1.1 Main Warm-up venue

The main Warm-up venue (Appendix 3) is located next to Guidobaldi Stadium.

The main Warm-up venue has the following sites:

- 200m track, 4-lane band / 6-lane straight,
- 1 High Jump facility,
- 2 Long Jump/Triple Jump facilities,
- 1 Pole Vault facility,
- 1 Shot Put facility,
- Weightlifting area,
- Team Tents,
- Ice baths.

The opening hours of the main Warm-up Venue (incl. weightlifting area) will be as follows:

Date	Opening hours
Tuesday, 14 July 2026	10:00 – 20:00
Wednesday, 15 July 2026	10:00 – 13:00
Thursday, 16 July 2026	07:00 – 21:00
Friday, 17 July 2026	07:00 – 21:00
Saturday, 18 July 2026	07:00 – 21:00
Sunday, 19 July 2026	07:00 – 21:00

Both venues are used both for training and warm-up. Therefore, a dedicated warm-up schedule will be published at Virtual TIC. During these specific times, some of the facilities are only allowed to be used for warm-up purposes (not for training). The remaining time (according to the opening times) can be used for training.

Poles, equipment and implements required for warm-up/training will be available at the dedicated tent on the warm-up (between the track and the long jump). Officials will be present to help in the case of problems or special requirements. Accreditation must be handed in when

borrowing equipment and implements, and will be returned to the athlete when the equipment is handed back in.

6.2.1.2 Warm-up venue for Throwing events

Warm-up for all throwing events will be staged at Campo Fulvio Iacoboni Warm-up venue (Appendix 4) and will include dedicated areas for Javelin and Discus/Hammer.

The opening hours of the Throwing Warm-up Venue (incl. weightlifting area) will be as follows:

Date	Opening hours
Tuesday, 14 July 2026	10:00 – 12:00, 14:00 – 18:00
Wednesday, 15 July 2026	13:30 – 16:30
Thursday, 16 July 2026	07:30 – 19:00
Friday, 17 July 2026	07:30 – 19:00
Saturday, 18 July 2026	07:30 – 12:00, 13:00 – 19:00
Sunday, 19 July 2026	10:30 – 12:00, 16:00 – 17:30

Implements required for warm-up/training will be available at the tent positioned behind the two throwing areas. Officials will be present to help in the case of problems or special requirements. Accreditation must be handed in when borrowing equipment and implements, and will be returned to the athlete when the equipment is handed back in.

6.3 Training venues

Details about transportation for training sessions are included in the transport section of this Team Manual. The transportation schedule will be displayed at the Information Desks in each Team Hotel.

Warm-up areas and Training areas will be the same areas. Dedicated timetables for training and warm-up (incl. weightlifting room opening times) will be posted on the Virtual TIC.

6.4 Official Training at the Competition venue

Official training for all athletes at the Guidobaldi Stadium will take place on Wednesday, 15 July 2026 from 10:00 to 13:00. The throwing Warm-up area will not be available during this time.

During the Official Training, athletes will also have the possibility to train with Official Starters from 10:30 to 12:00.

6.5 Maximum spikes length

Only spikes up to the following max. spikes length are allowed at the following Competition, Warm-up and Training venues:

Competition Venue	Main Warm-up Venue & Training Venue	Warm-up & Training Venue for Long Throwing events

9mm – 12mm	9mm	12mm
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6.6 Equipment & Implements

6.6.1 Official Throwing Implements

The implements provided by the LOC and approved by EA and Technical Delegates (see [European Athletics website](#)) are selected from those appearing on the current World Athletics approved implements list.

6.6.2 Personal Implements

Personal Implements for competition shall also be allowed, providing that:

- They are readily identifiable and are World Athletics certified,
- They have been checked for compliance with World Athletics Rules by the competition officials before the competition,
- They are made available to all the other competitors until the end of the Final of the event.

Personal implements will have to be submitted to the TIC the day before the event and no later than 18:00. Personal implements will have to be submitted before the Qualification, the submission of new implements before the Finals will not be allowed.

Please note that accordingly to WA TR32.2 and the decision of the Technical Delegates, not more than 2 implements may be submitted by any athlete for any throwing event in which he/she is competing.

If a personal implement cannot be accepted into the pool due to it not meeting the specifications or being unidentifiable, the relevant team will be notified through the TIC, with an explanation, and the implement will be returned at the TIC.

Personal implements could be collected **after the Final** of the respective event at the Implement Control Station during the above-mentioned opening hours.

Note: "World Athletics Certified" implements may include older models that previously held a certificate but are not in production any longer.

6.6.3 Markers

Athletes will not be permitted to use their own markers during the Championships. Those athletes wishing to use a marker will be required to use the markers provided by the LOC at the event site. The number of markers per athlete is limited to two (including the tape markers in the High Jump (two) and relays (one)) and one temporary for Shot Put, Hammer Throw and Discus Throw.

7 ENTRY SYSTEM & FINAL CONFIRMATIONS

7.1 Entry Conditions and Qualification System

Please, refer to European Athletics regulations for the detailed information about entry conditions, age restrictions, 'I Run Clean' certification, and qualification system that are published on [European Athletics website](https://www.european-athletics.org).

7.2 Entry procedures

Entries shall be made through the European Athletics Event Management System which will be accessible at the following link: <https://evententry.worldathletics.org/>. Member Federations' entries manager shall use their already known individual and personalised access.

7.2.1 Final Entries

Final Entries indicating the names and individual logistical information (detailed travel arrangements, accommodation request and rooming list) of the competitors and of the officials must be received as per the deadline below:

- Opening of the Final Entries: Monday, 15 June 2026
- Deadline for the Final Entries: Monday, 06 July 2026 (14:00 CET)

All Member Federations will be able to consult and print out their entries at any time during the opening period and will receive a pdf report after having sent their Final Entries. Detailed travel and rooming list information will have to be registered for each athlete and official during the Final Entries process.

7.2.2 Changes in logistics data

We do understand unexpected changes in the logistics plan could occur, especially in transportation (e.g., cancellation of flights). We would like to make sure these changes are well traceable; therefore, please make sure that after the closing of the Final Entries any amendments and updates will have to be sent by email to transportation@rieti2026.com with copy to competition@european-athletics.org.

7.2.3 Final Confirmation

Team Leaders or their representatives must confirm the names of those competitors already entered who will actually take part in the competition. Confirmation of athletes will not be accepted after the deadline, which is outlined below for all events. Final Confirmations will have to be made online, via Virtual TIC.

Deadline for Final Confirmations:

Competition day	Deadline for Final Confirmation
Thursday, 16 July	Tuesday, 14 July at 14:00
Friday, 17 July	Thursday, 16 July at 09:00
Saturday, 18 July	Friday, 17 July at 09:00
Sunday, 19 July	Saturday, 18 July at 09:00

7.2.4 Relays Declaration Forms

The composition of each relay team as well as the order of running should be officially declared via Virtual TIC (or in exceptional circumstances when reporting to the Call Room) no later than the published closing time of the call room (the time by which the athletes must be present in the Call Room) for the respective heat of each round of the competition. The composition of the relay must respect rule TR24.10 of World Athletics.

7.2.5 Failure to Participate

Any athlete who, after the Final Confirmation has been submitted, or after qualifying during a qualifying round or a heat for any event, fails to participate in the event without giving a valid reason (e.g. a medical certificate provided by and based on an examination of the athlete by the Medical Delegate appointed under World Athletics Rule 6 of the Competition Rules or CR6), shall be excluded from participation in all further events in the competition, including Relays (see World Athletics Rule 4 of the Technical Rules or TR4).

7.2.6 Withdrawal

Withdrawals after Final Confirmation, have to be submitted via Virtual TIC. If the athlete is entered in another event of the Championships, the reason for the withdrawal has to be specified in detail, being its acceptance of the responsibility of the Medical Delegate and Technical Delegates based on the World Athletics Rules.

7.2.7 Athlete Replacement Policy

The aim of the Replacement Policy is to avoid empty lanes or starting places in Finals and/or Semi-Finals due to withdrawals from injury or other justifiable reasons, and therefore approved, by an Athlete Replacement.

This Policy will be in place based on following regulations:

- The Policy will apply to Finals and Semi-Finals in all relevant events (including relays and field events).
- A virtual "hot seat" will be implemented, where the next-two best ranked athletes or teams would virtually sit and wait for possible withdrawals.
- If only one or none of the identified replacement athletes or teams will use their chance to replace an injured or withdrawn athlete/team, no further non-qualified athlete(s) or team(s) will be invited to take the empty spot (no replacement for the replacements).
- The lane, or starting order place, left empty will be taken by the next two best ranked athletes or teams, and there will be no re-draw or re-ordering of attempts.
- In all races the two best ranked athletes will be considered the non-qualified athletes who achieved best times during the previous round. In case of ties, TR21 including TR21.5 shall apply, with the exception that if the tie remains, a draw shall be made. This means e.g. no lane sharing in 800m races when there is a tie.
- In all field events the two best ranked athletes will be considered the non-qualified athletes who achieved the best performance during the qualification round. In case of ties for ranking based on TR25.22 (all field events except high jump and pole vault) and TR26.8 (high jump and pole vault), a draw shall be made.
- Withdrawal and replacement can take place until the published first call time (the time by which the athletes must be present in the First Call²) of the first heat in Semi-Finals and until the first call time for Finals.

² Or the time by which the athletes must be present in the Call Room in case no First Call is operational at the event.

- Substitutes will be marked with a small “S” beside their name on official start lists. Once upgraded to compete, they will appear as “QS” (Qualified by Substitution).

In track events, after each concerned phase (Round 1 or Semi-Finals), the phase results will show the next two best ranked athletes in a chart below the official phase results. An “S” will be shown in the results lists, next to their names. The chart will be named “Best athletes to be qualified to the next round in case of withdrawal”. The start lists of the following phase (Semi-Finals or Final) will show the same two athletes in a chart named “Best athletes from the previous round, to replace any withdrawn athlete”. If an athlete withdraws from the following phase, she/he will be replaced in the start lists by the next best athlete, in the same lane. This change will be made in the OVR and shown in all digital outputs (CIS, web, TV graphics, SCB graphics) and a new start list will be published in pdf if time allows.

• Best athletes to be qualified for the next round in case of withdrawal (<i>in Phase Results</i>) • Best athletes from the previous round, to replace any withdrawn athlete (<i>in next Phase start lists</i>)			
Rank	Bib Number	Name	Country
1 st	xxx	xxx	xxx
2 nd	xxx	xxx	xxx

- In field events, after the qualification phase, the qualification results will show the next two best ranked athletes in a chart below the list of qualified athletes. An “S” will be shown in the results lists, next to their names. The chart will be named “Next best athletes to be qualified to the Final in case of withdrawal”. The start lists of the Final will show the same two athletes in a chart named “Next best athletes from the Qualification, to replace any withdrawn athlete”. If an athlete withdraws from the Final, she/he will be replaced in the start list of the Final by the next best athlete, in the same starting order place. This change will be made in the OVR and shown in all digital outputs (CIS, web, TV graphics, SCB graphics) and a new start list will be published in pdf if time allows.

Fast and efficient communication between all stakeholders is key to make this Policy successful and allow athletes an opportunity for replacement. Information will be provided to Member Federations, athletes, and all other stakeholders through virtual TIC and WhatsApp Team Leaders Group.

8 COMPETITION PROCEDURE

8.1 Timetable

Please refer to [European Athletics website](#) for the competition timetable.

In case of any changes or updates following the Final Entries, the updated/latest version of the timetable would be available in the documents section of the Virtual TIC.

8.2 Competition Bibs

Detailed information about the bibs, special bibs and hip numbers are available in the virtual TIC. The bibs will be distributed to Team Leaders after the Orientation Tour with Team Leaders and the Technical Update with Technical Delegates on Wednesday, 15 July 2026.

8.3 Competition Clothing & Shoes

8.3.1 Competition Clothing

Competitors must wear the Federation's official team clothing. World Athletics TR5 will be strictly applied. Please make sure to follow the World Athletics Advertising Regulations in force. Clothing and items not conforming to this rule and the current World Athletics Advertising Regulations will be removed/taped at the Call Room.

European Athletics has a record of the Team vests of all Member Federations accessible at the following link: <https://eathletics.sharepoint.com/sites/EAXtranet>.

Member Federations shall confirm their team vests using the link above. If the uniform displayed differs from your current official uniform, the revised Team Vests form must be uploaded, in one single file, by **30 June 2026**. Otherwise, the existing records will be used as a reference. A competitor wearing any other clothing will have no access to the competition area and will not be allowed to compete.

The rule stipulating the compulsory wearing of the official competition clothing will be applied during the competition, but also during any victory lap, interviews at the Stadium and the Medal Ceremonies.

8.3.2 Competition Shoes

All the competition shoes must comply with World Athletics TR5, including the sole and/or heel and the spikes dimensions. It is the athletes' responsibility to make sure that the shoes to be used for competition are on the current list of approved shoe models by the World Athletics. In case of non-compliance with the TR5 or the list of approved shoes, an athlete may be not allowed to compete or disqualified after the competition with the result being void.

Please also refer to chapter 6.5 of the Team Manual for information about the maximum allowed spikes length for each venue.

The shoes will be checked after the competition within the post event area randomly as well in case of doubts or upon special requests.

8.4 Call Room

Access to the Call Room will be allowed to athletes only, controlled by accreditation cards and according to the detailed Call Room Schedule that will be published at the Virtual TIC on day-by-day basis.

Athletes who fail to report on time to the Call Room without a valid reason may be excluded from participating in this and all further events in the Championships, including Relays. To support the process, announcement will be made per event when athletes need to report to the Call Room.

Small bags and clothing left in the Call Room will be available for collection in the Post Event Area. Refreshments (water) and toilets will be available next to the Call Room.

8.4.1 Stadia Events

The athletes must report directly to the Call Room (also for long throwing events) which is located at the competition venue, as indicated in the map on Appendix 1.

In general, the following reporting times will be used but may differ slightly in the final Call Room Schedule (all times are prior to the actual starting time of the event):

Event	Report to Call Room	Warm-up times
Track	25 minutes	5-7 minutes
Relays	30 minutes	7 minutes
High Jump	60 minutes	40 minutes
Pole Vault	80 minutes	60 minutes
Long Throws (DT, HT, JT)	50 minutes	30 minutes
Other Field Events	50 minutes	30 minutes

Each athlete will need to check the transportation schedule and will have to report at the call room on time under his own responsibility. No gathering point will be installed in the warm-up venue, especially the warm-up venue for throwing events.

8.4.2 Call Room Procedures

8.4.2.1 General

In the Call Room the judges will check the following in accordance with World Athletics Rules:

- Competition Bibs,
- Shoes and Spikes,
- Uniforms,
- Bags (identification on and content of),
- Any other kind of advertising.

Personal belongings (video cameras, tape recorders, radios, CD players, radio transmitters, MP3/MP4, mobile phones or similar devices) will not be permitted in the infield as per World Athletics Rule 6 of the Technical Rules. Competition officials in Call Room will confiscate all unauthorised items and the athletes will be able to collect such items in the Post Event Area.

8.4.2.2 Combined Events

All relevant information for the Combined Events athletes, including the different competition schedules will be shared with the Team Leaders on virtual TIC and on site at the CERA.

Athletes in the Combined Events need to report to the CERA / Call Room for all events at the times provided by the Combined Events Referee.

Please note that the accreditation cards and/or confiscated items of all athletes will be collected in the CERA. The cards will be redistributed to all athletes after their event in the CERA, except after the last event of each session, when the athletes will pass through the mixed zone and the accreditation cards will be available for collection in the Post Event Area. The CERA personnel will inform the athletes of the specific arrangements accordingly.

8.5 Specific Event Procedures

8.5.1 Track Events

Athletes in Track Events will be asked to enter infield already dressed in competition clothing. Tracksuits, bags, and other belongings shall be placed in baskets at Call Room, and these will be taken to the Kit Collection Area at the end of the mixed zone for collection after the race. Specific procedures in case of bad weather will be declared on site as necessary.

8.5.2 Race-Walking Events

Race-Walking events will take place at Guidobaldi Stadium.

A penalty zone will be installed for disqualification and will be conducted under World Athletics rules.

A drinking/sponging station will be provided if weather conditions warrant such provision.

Specific and Technical information will be provided in the Technical Information for teams.

8.5.3 Field Events

In all Throwing Events, each athlete is allowed to a minimum of two practice trials under the supervision of the judges, more if time allows. The athletes will be called to the practice trials in the competition order. In all remaining Field Events, the practice trials will be supervised by the relevant judges.

In Qualification for the Final in Horizontal Field Events, all athletes will be allowed a maximum of three trials, but any athletes qualifying after their first or second trial are not allowed to take any further trials. In the Finals, the top eight athletes after 3rd attempt, will be allowed three additional attempts (six in total).

In all Field Events, those achieving the qualifying standard will be qualified for the Final. If less than 12 athletes will achieve it, the group of Finalists shall be expanded to 12, adding athletes according to their performances in the qualification.

In the Long Jump and Triple Jump, as per the WA Rules, a video system will be used to detect, if an athlete breaks the vertical plane of the take-off-line with any front part of their take-off foot/shoe. There will be a video screen in the infield, next to the runway, where the athletes would be able to see the video/picture of their take off, in case of need.

For the field events, a countdown clock will be provided to assist the athletes with the remaining time for warm-up in the infield.

8.5.3.1 Competing Order Horizontal Field Events

In the Finals of the Horizontal Field Events and Throwing Events, the competing order for the 4th and 5th rounds of trials shall be in the reverse ranking order based on the results after the first three rounds of trials. The competing order for the final round of trials shall be in the reverse ranking order recorded after the 5th round of trials.

8.5.4 Combined Events

Detailed information about the Combined Events (Separately for Decathlon and Heptathlon) are available in the virtual TIC.

8.6 Post Competition Procedures

After the competition, athletes leave immediately through the mixed zone and return the transponders for the track events in the Kit Collection Area after the mixed zone.

In the mixed zone, all athletes meet the media: first TV, then radio and finally the written press. It is for the athlete to decide whether he/she will give an interview.

The accreditation cards for all athletes (competing in track and field events and road events) and the personal bags and clothing baskets for athletes competing in track events will be brought to the Post Event Area located after the mixed zone.

In the Post Event Area (Kit Collection Area) also the (random) shoe check will take place and the confiscated items at the Call Room will be distributed at the Post Event Area.

8.7 Protests

In accordance with European Athletics Regulation and World Athletics Technical Rules any protest shall be made orally to the relevant Referee in the infield by an athlete or someone acting on behalf of an athlete, during the event or immediately after the event, if applicable.

Protests must be made orally to the Referee by the athlete himself/herself or by someone acting on his/her behalf or by an official representative of a team. Such person or team may protest only if they are competing in the same round to which the protest relates. To arrive at a fair decision, the Referee should consider any available evidence which they think necessary, including a film or picture produced by an official video recorder, or any other available video evidence.

In any case, and especially where the appropriate Referee is not accessible or available, the protest should be made to him through the Virtual TIC. Protests concerning the result or conduct of an event shall be made within 30 minutes of the official announcement of the result of that event (posted on EA website).

Following a protest on the Virtual TIC, Team Leaders and Team Officials will be allowed to review the images in the video room for Teams, and to discuss, when needed, with the referees.

The decision of the Referees will be final, and no further appeals will be allowed. Video Recording and Control System will be used extensively to support immediate decisions by the Referee.

9 MEDICAL SERVICES & ANTI-DOPING

9.1 Medical Services

The LOC medical service is in charge of any medical assistance to all accredited guests (Teams, LOC personnel, VIP guests, and media) as well as, during the competition, to the spectators in the stadium.

The LOC will provide a central medical number to contact 24/7 for all the medical issues. In case of emergency, please contact the nearest medical first aid station or call the 24/7 Medical Emergency number 112.

9.1.1 Medical Services in the Team Hotels

There will be a physiotherapy room at each Team Hotel and will be open in line with the following schedule:

Date	Opening hours
14.07.2026	14:00-24:00
15.07.2026	08:00-24:00
16.07.2026	08:00-24:00
17.07.2026	08:00-24:00
18.07.2026	08:00-24:00
19.07.2026	08:00-24:00

For any medical need, reference can be made to the Main Medical Centre at the Competition Venue.

9.1.2 Medical Care at the Competition Venue

The Main Medical Centre at the Raul Guidobaldi Stadium is located next the post-event area and will be open according to the following schedule:

Date	Opening hours
14.07.2026	10:00-20:00
15.07.2026	10:00-13:00
16.07.2026	07:00-21:00
17.07.2026	07:00-21:00
18.07.2026	07:00-21:00
19.07.2026	07:00-21:00

Only the team medical personnel – holding the required special pass - will have access to the Main Medical Centre of Guidobaldi Stadium when an athlete of his/her own team is hurt or needs other medical attention. All other medical stations shall be accessible by all team members without a medical pass.

There will be 3 first aid teams on the infield in the Guidobaldi Stadium. Separate first aid teams will be present and available at the warm-up and training areas during opening hours.

9.1.3 Medical Care at the Warm-up Area

The medical centre at the Warm-up Venue is located within the track.

Date	Opening hours
14.07.2026	10:00-20:00
15.07.2026	10:00-13:00
16.07.2026	07:00-21:00
17.07.2026	07:00-21:00
18.07.2026	07:00-21:00
19.07.2026	07:00-21:00

The medical centre at the Throwing Warm-up is located within the track.

Date	Opening hours
14.07.2026	10:00 – 12:00, 14:00-18:00
15.07.2026	13:30-16:30
16.07.2026	07:30-19:00
17.07.2026	07:30-19:00
18.07.2026	07:30-12:00 / 13:00-19:00
19.07.2026	10:30-12:00 / 16:00-17:30

9.2 Physiotherapy Services

9.2.1 Physiotherapy Services in Team Hotels

There will be rooms available for physiotherapy in the Team Hotels where the Teams can set-up their own physio beds for treatments. Ice and extra towels will be available here.

In case of a medical issue, athletes who do not bring their own physiotherapist can use the LOC physiotherapy service available at the Main Medical Centre / Competition Venue. Booking of the physio services shall be made through the Team Hotel Information Desk and through the Medical volunteers at the Main Medical Centre.

9.2.2 Physiotherapy Services at Warm-up/Training Venues

The Main Medical Centre serves as the central point of reference for all physiotherapy services, featuring a dedicated physiotherapy tent that is accessible throughout the Warm-up Venue's operating hours. Here, LOC physiotherapists work alongside the medical personnel, utilizing the available tools and equipment. Additionally, during operating hours at the warm-up at the Guidobaldi Stadium, there will be a dedicated area for each team where the physiotherapists and doctors of each team can offer services to their own athletes, using their own equipment and materials.

The following tools and equipment will be available in the LOC physiotherapy room at the Main Medical Centre:

- 6 physio beds
- 4 recovery bathtubs (2 for males and 2 for females) at the Ground Floor of the Competition Facility
- Ice machine and storage.

9.3 Responsible use and discarding of needles at European Athletics events

Medical therapies and emergency procedures that require the use of needles may occur any time during competitions. European Athletics is committed not to prohibit or restrict the responsible

use of needles for Team Medical personnel at European Athletics events - thus will not require a declaration of needle usage - but requests responsible behaviour from the medical personnel and team members.

Responsible needle usage means that athletes and team medical personnel are aware of and committed to respect the WADA rules, and they are also familiar with the TUE procedures and competent in corresponding medical therapies.

As part of the responsible needle usage, the teams shall store and discard biohazard and dangerous waste in appropriate containers. To assist with the handling of the used dangerous waste, sharp disposal bins will be available at the medical centre(s) and team physio area(s) at the Team Hotel.

Any violation of this policy (e.g. leaving sharp material and/or biohazard waste anywhere other than the appropriate containers) would result in an investigation.

9.4 Import of Medication and Medical Equipment

Team healthcare personnel are responsible for the compliance with the administrative and custom regulations concerning medication as well as for the storage and safekeeping of their delegation's medicines and supplies in line with the [Decree of the Ministry of Health 16 November 2007](#). The LOC is not responsible for, and shall have no liability relating to, or arising out of the bringing to Italy, storage or monitoring of the supplies and medicines by the team.

9.5 Doping Controls

9.5.1 General Information

Doping controls will be conducted in accordance with the World Athletics Anti-Doping Rules, which are compliant with the current World Anti-Doping Code and relevant International Standards. All controls will be carried out under the supervision of the European Athletics Doping Control Delegate. Both urine and blood samples may be collected immediately before, during, or after the Championships.

Athletes selected for doping control will be notified by authorised doping control officials and will be required to sign a Doping Control Notification Form in the post-event area. Selected athletes must report immediately to the Doping Control Station (DCS) unless there are valid reasons for delay. From the time of notification until completion of the sample collection process, all athletes will be continuously accompanied by a trained Chaperone or Doping Control Officer. Athletes are reminded that refusal or failure to comply with doping control procedures may constitute an anti-doping rule violation, which may lead to disqualification and further disciplinary action. Athletes have the right to be accompanied to the DCS by an accredited team representative of their choice.

9.5.2 Additional Controls

Athletes requiring doping control (e.g. for ratification of a performance) may request to be tested by completing a "Doping Control Request Form" through the Virtual TIC. Once the form is submitted, the athlete and his/her representative can proceed directly to the Doping Control Station. The cost of this control (including all relevant expenses such as sample collection, sample handling, analysis, etc.) is 292,00 EUR for a standard urine analysis and 593,00 EUR with an additional ESA analysis. The cost of the selected service shall not be paid on site, but an invoice will be issued to the respective Member Federation after the Championships. The invoice shall be paid by bank transfer as per the instructions and deadline indicated on the document.

9.5.3 Therapeutic use information

If an athlete has a medical condition that requires treatment with a prohibited substance or method, they must apply for a Therapeutic Use Exemption (TUE). Applications must be submitted to the athlete's National Anti-Doping Organisation (NADO) or, for International-Level Athletes (as defined by WA-AIU), to the Athletics Integrity Unit (AIU), in accordance with the World Anti-Doping Code and the International Standard for Therapeutic Use Exemptions (ISTUE).

10 CEREMONIES

10.1 Opening Ceremony

The Opening Ceremony of the European Athletics U18 Championships Rieti 2026 will take place on Wednesday 15 July 2026 in the historic city centre of Rieti, prior to the start of the first competition session.

The ceremony will begin at 18:00 and is expected to last approximately 75 minutes. It will celebrate the connection between the city of Rieti and athletics, highlighting the local heritage and welcoming the young athletes representing the future of European athletics.

Parade of Nations

All participating Member Federations are invited to take part in the Opening Ceremony.

Athletes will be transferred from the Competition Venue to the Opening Ceremony starting point located in Piazza Cavour. Upon arrival, delegations will be directed by volunteers to their designated line-up positions.

The Parade of Nations will follow the English alphabetical order of the participating countries, with the host nation, Italy, entering last.

Each delegation may nominate a representative to carry its national flag during the parade, while the remaining members of the delegation will follow behind the flag bearer. If a delegation is not represented in the parade, the respective national flag will be carried by a volunteer to ensure the participation of all Member Federations in the ceremonial procession.

The parade will start from Ponte Romano and proceed along Via Roma before arriving in Piazza Cesare Battisti, where the delegations will be individually presented to the public.

Following the presentation of the participating delegations, an artistic performance celebrating the local culture and traditions of the host city will take place.

Team Leaders are requested to ensure that all athletes wishing to participate in the Opening Ceremony travel together with their delegation and follow the instructions provided by volunteers and ceremony staff.

Transportation

Dedicated shuttle services will be provided by the LOC for all athletes and accredited team members participating in the Opening Ceremony.

Shuttle buses will operate continuously between the Competition Venue and the Opening Ceremony starting point from 17:00. The last shuttle bus will depart from the Competition Venue no later than 17:30. Athletes and team members wishing to participate in the Opening Ceremony are requested to use these services and plan their movements accordingly.

At the conclusion of the Opening Ceremony, athletes and team members may either walk to the official catering area or use the dedicated shuttle service.

The walking route from Piazza Cesare Battisti, where the ceremony concludes, to the catering area takes less than 15 minutes.

For those wishing to use the shuttle service, buses will depart from Piazza Cavour, where participants were originally dropped off before the ceremony. Shuttle services will be available from 18:45 onwards and buses will depart on a rolling basis as soon as they reach capacity. The last shuttle bus will depart at 19:30.

Detailed transportation schedules and operational information will be available through the Virtual TIC and displayed at the Team Hotels.

Official Protocol

The official protocol ceremony will take place in Piazza Cesare Battisti following the artistic performance.

Before the speeches, the Italian national flag will be raised, accompanied by the Italian national anthem.

At the end of the speeches, the European Athletics anthem will be played and the European Athletics flag will be raised.

10.2 Medal Ceremonies

All Medal Ceremonies will take place at the Guidobaldi Stadium, on the Field of Play, in line with the medal ceremony timetable (see [European Athletics website](#)).

Medallists will receive their medals either on the day of the competition following the end of the evening session or the next day before the start of the evening session. Please find more details on the Medal Ceremony times in the Medal Ceremony timetable.

Depending on the Medal Ceremony time, athletes attending a Medal Ceremony on the same day of their final will either be accompanied directly from the kit collection area to the Medal Ceremonies preparation room or will receive a notification card with date, time, and meeting point. For the ceremonies held on the next day, athletes will receive a notification card and will need to come to the Medal Ceremonies Meeting Point (highlighted on the notification card) from where they will be accompanied to the Medal Ceremony preparation room.

Athletes must wear the official team clothing for the ceremonies and the presentation bibs provided by the LOC. No other items shall be taken to the podium, such as flags, bags, electronic devices or other.

11 SAFEGUARDING

European Athletics is committed to the principle of safeguarding in our sport and has developed a safeguarding and abuse prevention programme to ensure the protection and safety of everyone involved in athletics from harassment, abuse and exploitation. To this end, European Athletics has taken several measures including the implementation of a [European Athletics Safeguarding Policy](#), the availability of a secured and independent [reporting platform](#) and the appointment of a Safeguarding Officer, whose contacts can be found hereunder:

Name: Philippe Duperrex

Mobile: +41 75 425 50 00

Email: safeguarding.officer@european-athletics.org

To enhance this commitment and to reiterate the importance of safeguarding, the following initiatives are part of the European Athletics Safeguarding Programme at the European Athletics U18 Championships 2026:

- Safeguarding matters will be dealt in accordance with European Athletics Safeguarding Policy, the national laws and the advice of the EA Safeguarding Officer.
- The EA Safeguarding Officer will be present for the whole duration of the event. Contact details will be also made available at the Warm-up/Teams Area, Technical Information Centre, and Team Hotels.
- The EA Safeguarding Officer will conduct an online safeguarding briefing ahead of the event (10 July 2026 at 10:30) addressed to the Team Safeguarding Officers/Points of Contact for this event and the link will be sent to the Member Federations separately.
- A short introduction will be also held on Safeguarding during the Teams Leaders' Technical Update with the Technical Delegates on 15 July 2026 (11:00).
- Teams may contact the EA Safeguarding Officer to schedule dedicated briefs with the Team Leaders at the respective national teams' meetings.
- Under the campaign "Race for Respect" European Athletics aims to engage with the team members on Safeguarding awareness and prevention at the European Athletics U18 Championships 2026.

For the event, a LOC Safeguarding Officer has been appointed, whose contacts can be found hereunder:

Name: Cécilia Morandini

Mobile: +39 338 463 8832

Email: mceciliamorandini@fidai.it

If you have any question about Safeguarding, or if you are witnessing a case or even if you are victim during this event, please contact the EA Safeguarding Officer and/or the LOC Safeguarding Officer. If the concern relates to an imminent risk of someone's physical integrity or to an emergency for medical assistance, please contact immediately the LOC and/or the relevant local authorities, to the contact provided in this Team Manual.

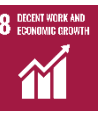
12 SUSTAINABILITY

European Athletics and the LOC are committed to reducing the environmental impact of the 2026 European Athletics U18 Championships while supporting and developing the community and economy of its host city, Rieti – Lazio region, approximately 80km by road from Rome, Italy.

Rieti 2026 European Athletics U18 Championships has developed an ESG strategy to implement best practice and sustainability initiatives throughout the event. Framed by the United Nations Sustainable Development Goals (SDGs) and with international sporting standards the strategy strives to ensure that Rieti 2026 becomes a model for future sporting events.

All departments are involved in the strategy's implementation, receiving tailored sustainability training that has allowed them to embed sustainability across their operations.

The following are Rieti 2026's priorities under each of the ESG (environmental, social, and governance) areas, with relevant SDGs.

Environmental: - Reducing transport-related emissions through the provision of shuttle service between hotels and venues for athletes and volunteers. - Reducing paper use through the use of digital assets, including tickets. - Reducing single-use plastics through the provision of water refill stations and limiting plastic bottles and packaging. - Effective waste management through actively engaging spectators with waste separation and disposal. - Calculation of the event's carbon footprint.	     
Social: - Volunteering opportunities for young people in the community, including local athletics clubs. - Education for local school students, athletes, staff, and volunteers. - Delivering on the sustainability communication plan. - Promotion of diversity, equity, and inclusion values - Ensuring the accessibility of venues. - Promoting healthy and sustainable food choices.	    

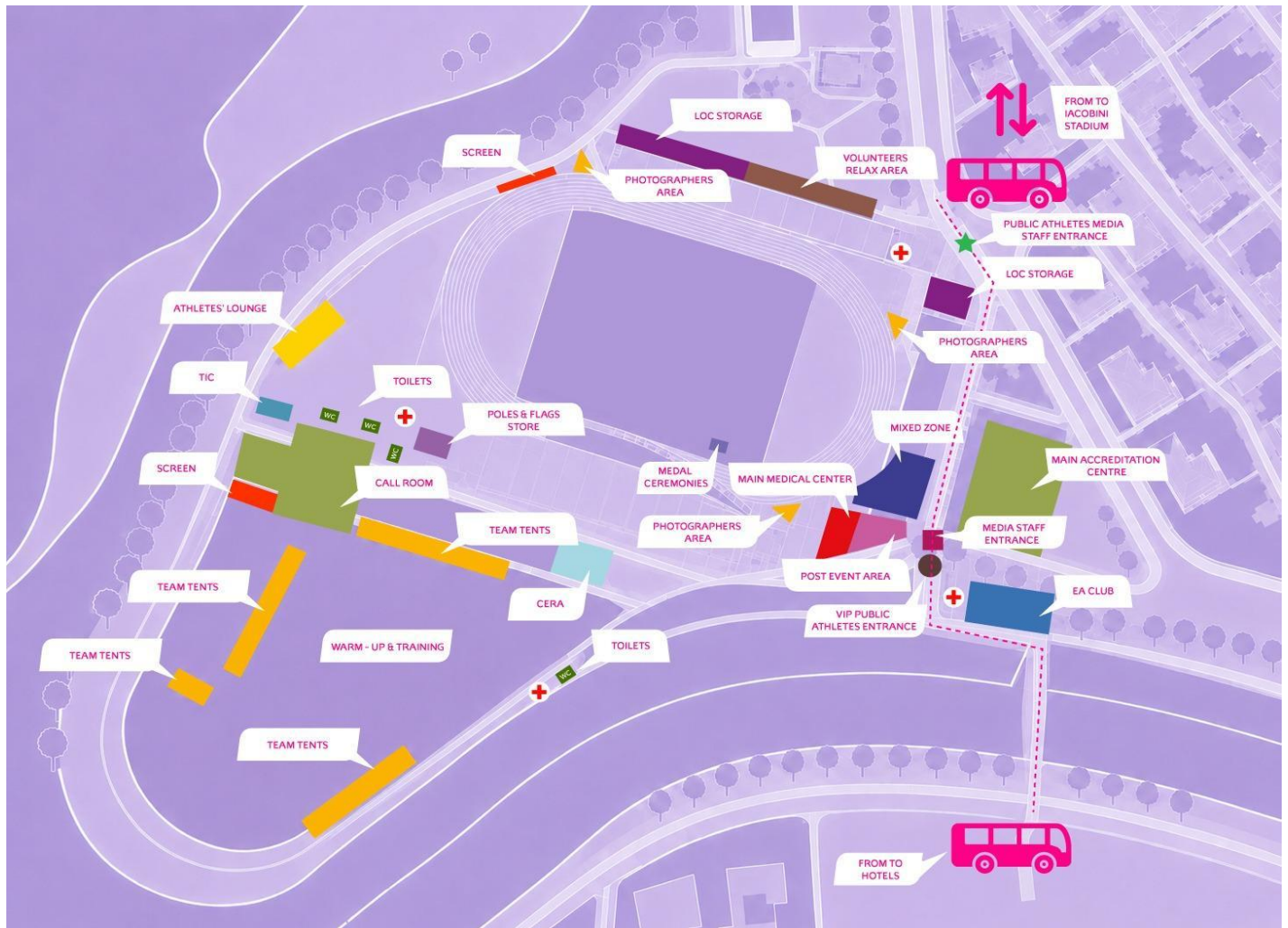
Governance: • Creating accessible ticket pricing structures. • Ensuring the health and safety of all, including safeguarding for young people. • Implementing a sustainable procurement policy. • Publishing a post-event sustainability report. • Becoming certified to the Athletics for a Better World (ABW) standard.	
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Find out more about the Sustainability and Legacy Plan by visiting the [event website](#), where further details on the Rieti 2026 ESG Strategy are available.

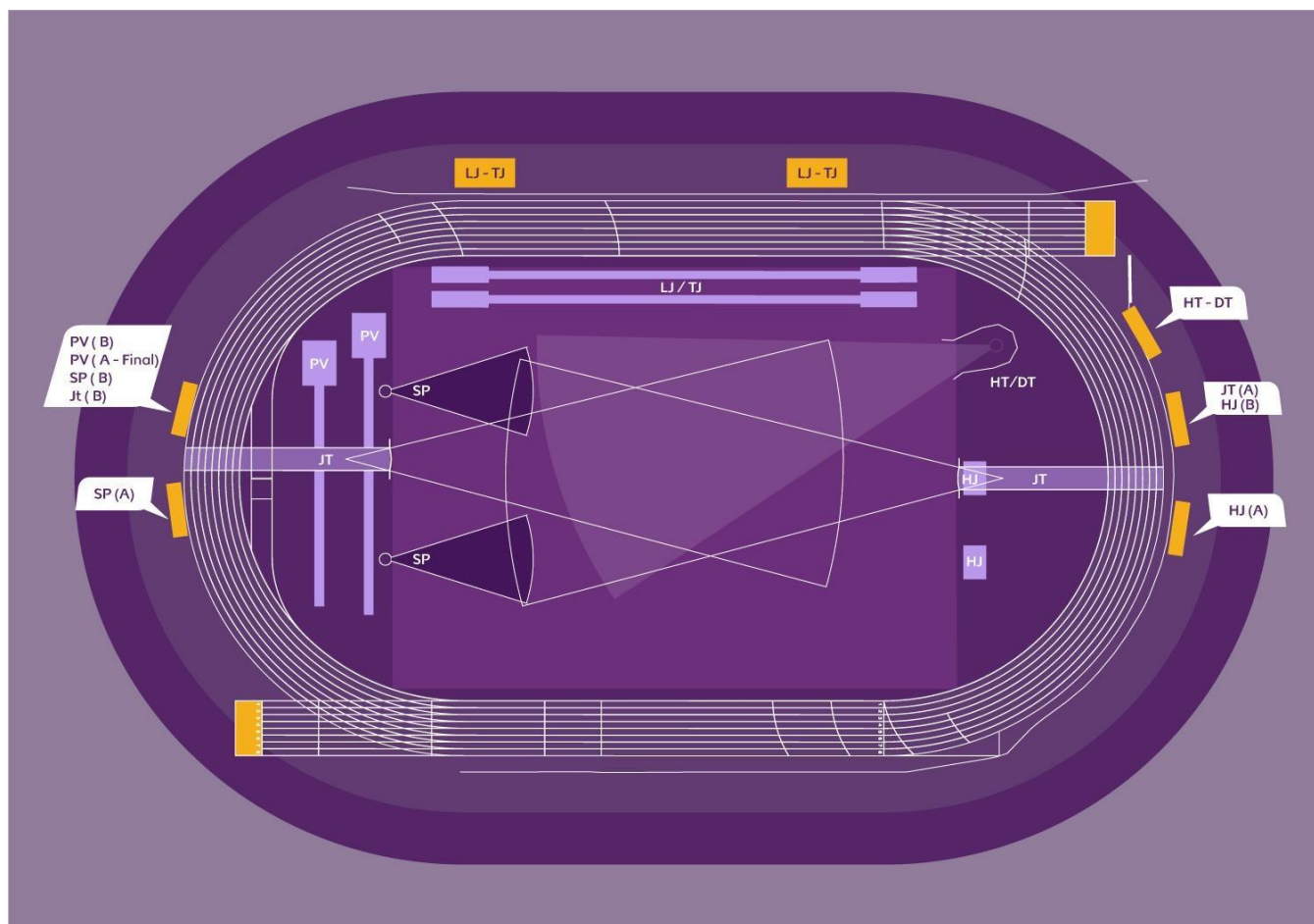
13 APPENDICES

- Appendix 1 – Competition Venue and surroundings
- Appendix 2 – Competition Venue – Infield Layout & Coaching Zones
- Appendix 3 – Main Warm-up and training Venue
- Appendix 4 – Throwing Warm-up and Training Venue

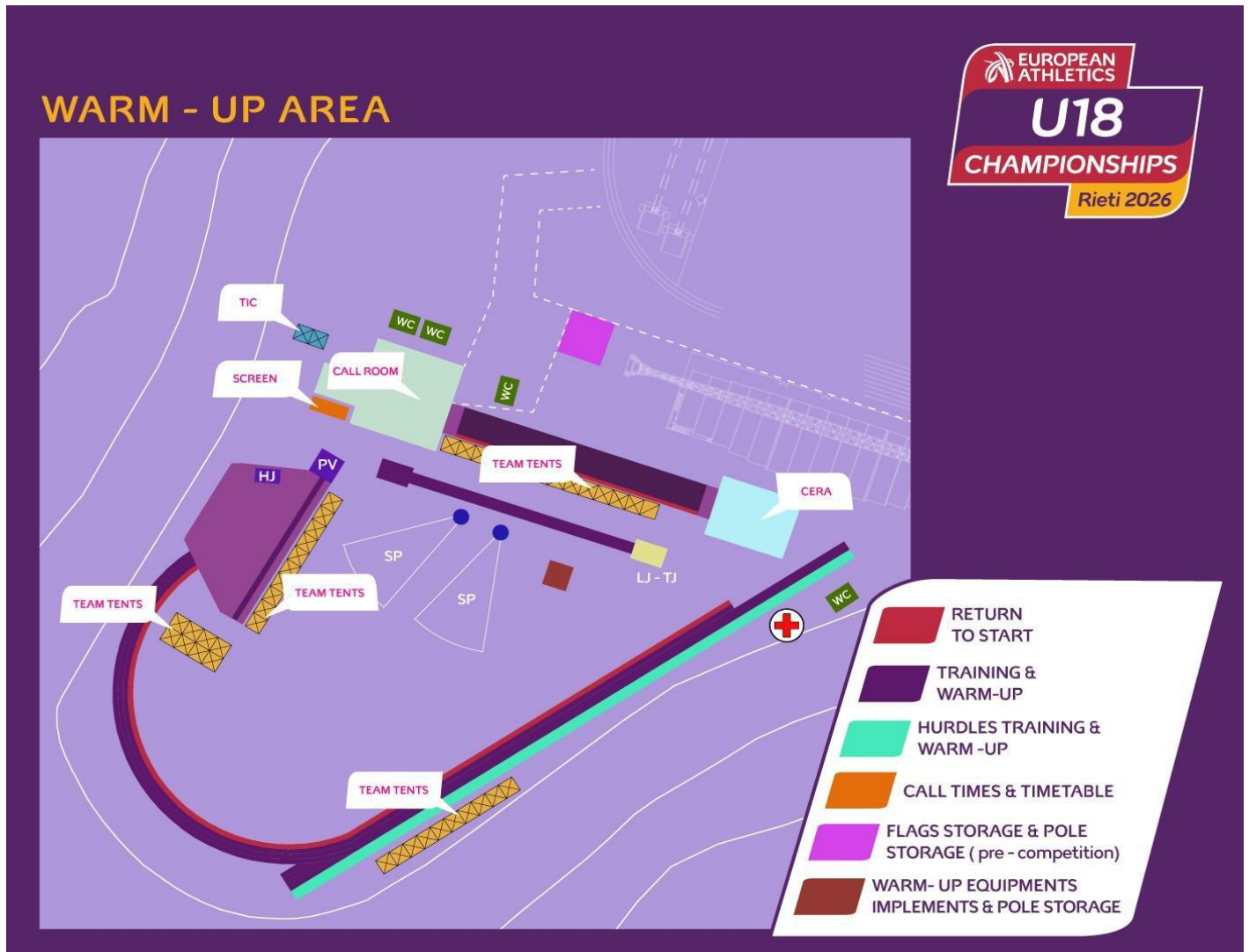
Appendix 1 – Competition Venue and surroundings



Appendix 2 – Competition Venue – Infield Layout & Coaching Zones

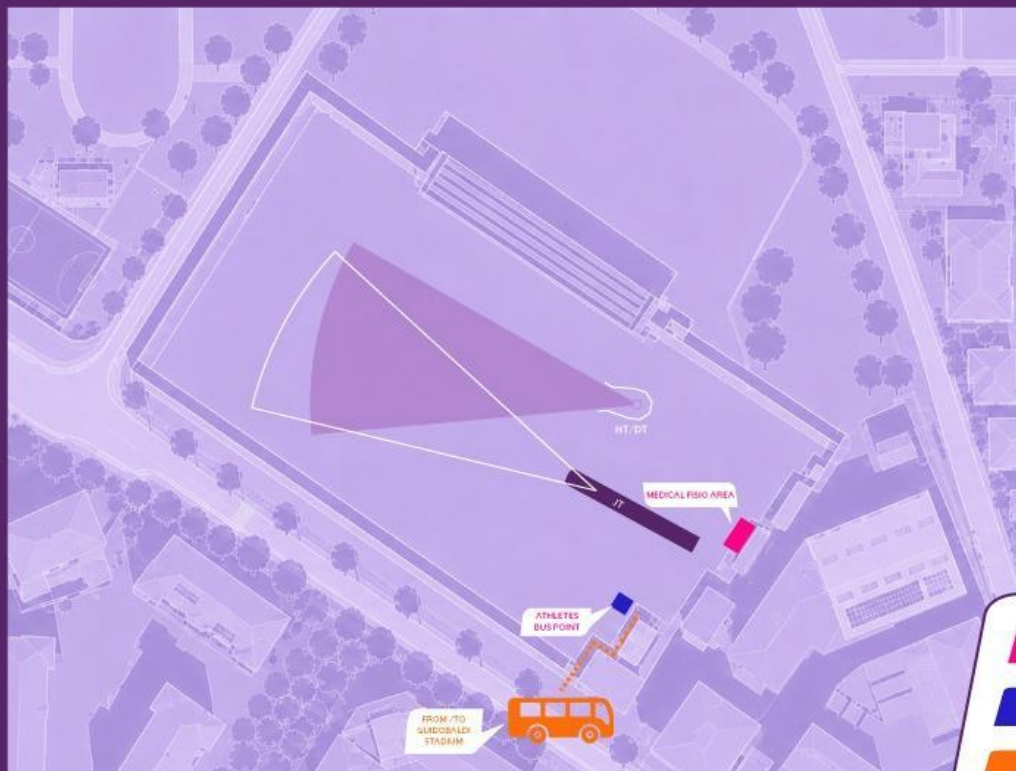


Appendix 3 – Main Warm-up and Training Venue



Appendix 4 – Throwing Warm-up and Training Venue

LONG THROW WARM-UP & TRAINING VENUE





EUROPEAN
ATHLETICS

U18

CHAMPIONSHIPS

Rieti 2026

Guidobaldi Stadium

JULY 16-19

#rieti2026