

77th BALKAN SENIOR ATHLETICS CHAMPIONSHIPS

Volos, 26 & 27 July 2025

Draft Timetable_V1, 29.06.25

Day 1, 26 July 2025		
Morning Session		
Start Time	Event	Gender
8:40	100m Decathlon (1)	U18 M
9:15	Long Jump Decathlon (2)	U18 M
10:15	Shot Put Decathlon (3)	U18 M
8:50	100m Decathlon (1)	U20 M
9:25	Long Jump DEC (2)	U20 M
10:30	Shot Put Decathlon (3)	U20 M
9:10	100m Decathlon (1)	Men
10:00	Long Jump DEC (2)	Men
11:00	Shot Put Decathlon (3)	Men
8:15	100m Hurdles Heptathlon (1)	U18 W
9:00	High Jump Heptathlon (2)	U18 W
8:30	100m Hurdles Heptathlon (1)	U20 W
9:15	High Jump Heptathlon (2)	U20 W
10:00	100m Hurdles Heptathlon (1)	Women
11:00	High Jump Heptathlon (2)	Women
10:20	100m SF	Men
10:45	100m SF	Women

Day 1, 26 July 2025		
Evening Session		
Start Time	Event	Gender
16:00	High Jump Decathlon (4)	U18 M
16:00	High Jump Decathlon (4)	U20 M
18:00	High Jump Decathlon (4)	Men
16:30	Shot Put Heptathlon (3)	U18 W
16:30	Shot Put Heptathlon (3)	U20 W
17:15	Shot Put Heptathlon (3)	Women
18:00	200m Heptathlon (4)	U18 W
18:10	200m Heptathlon (4)	U20 W
18:30	400m Decathlon (5)	U18 M
18:40	400m Decathlon (5)	U20 M
18:30	Hammer Throw	Men
18:35	Triple Jump	Women
19:00	400μ. Hurdles	Men
19:20	Discus Throw	Women
19:20	400μ. Hurdles	Women
19:40	400m	Men
19:55	400m	Women
20:10	Pole Vault	Women
20:15	200m Heptathlon (4)	Women
20:20	Shot Put	Men
20:20	High Jump	Men
20:25	Long Jump	Men
20:25	800m	Women
20:45	3.000m	Women
20:55	Javelin Throw	Women
21:05	400m Decathlon (5)	Men
21:15	100m	Women
21:25	100m	Men
21:35	1500m	Men
21:50	3.000m S.C.	Women
22:10	5.000m	Men
22:30	4 X 100m	Women
22:40	4 X 100m	Men
22:50	4 X 400m	Mixed

Day 2, 27 July 2025		
Morning Session		
Start Time	Event	Gender
8:15	110m Hurdles Decathlon (6)	U18 M
9:00	Discus Throw Decathlon (7)	U18 M
10:15	Pole Vault Decathlon (8)	U18 M
8:30	110m Hurdles Decathlon (6)	U20 M
9:05	Discus Throw Decathlon (7)	U20 M
10:30	Pole Vault Decathlon (8)	U20 M
9:45	110m Hurdles Decathlon (6)	Men
10:30	Discus Throw Decathlon (7)	Men
11:45	Pole Vault Decathlon (8)	Men
9:00	Long Jump Heptathlon (5)	U18 W
10:00	Javelin Throw Heptathlon (6)	U18 W
10:00	Long Jump Heptathlon (5)	U20 W
11:00	Javelin Throw Heptathlon (6)	U20 W
10:30	Long Jump Heptathlon (5)	Women
11:30	Javelin Throw Heptathlon (6)	Women

Day 2, 27 July 2025		
Evening Session		
Start Time	Event	Gender
17:00	Javelin Throw Decathlon (9)	U18 M
17:30	Javelin Throw Decathlon (9)	U20 M
18:00	Javelin Throw Decathlon (9)	Men
18:00	800m HEP (7)	U18 W
18:10	800m HEP (7)	U20 W
18:30	1500m DEC (10)	U18 M
18:40	1500m DEC (10)	U20 M
18:30	Hammer Throw	Women
18:35	Long Jump	Women
19:00	110m Hurdless	Men
19:15	Discus Throw	Men
19:20	100m Hurdless	Women
19:35	800m	Men
19:40	Pole Vault	Men
19:55	3.000m	Men
20:00	Shot Put	Women
20:15	High Jump	Women
20:15	200m	Men
20:35	200m	Women
20:40	Triple Jump	Men
20:55	Javelin Throw	Men
21:00	800m Heptathlon (7)	Women
21:10	1500m	Women
21:20	1500m Decathlon (10)	Men
21:35	3.000m S.C.	Men
21:50	5000m	Women
22:20	4 X 400m	Men
22:30	4 X 400m	Women