

77th BALKAN SENIOR ATHLETICS CHAMPIONSHIPS

Volos, 26 & 27 July 2025

Competition Schedule, 20.07.25

Day 1, 26 July 2025		
Morning Session		
Start Time	Event	Gender
08:40	100m Decathlon (1)	U18 M
09:15	Long Jump Decathlon (2)	U18 M
10:15	Shot Put Decathlon (3) *	U18 M
08:50	100m Decathlon (1)	U20 M
09:25	Long Jump DEC (2)	U20 M
10:30	Shot Put Decathlon (3) *	U20 M
09:10	100m Decathlon (1)	Men
10:00	Long Jump DEC (2)	Men
11:00	Shot Put Decathlon (3)	Men
08:15	100m Hurdles Heptathlon (1)	U18 W
09:00	High Jump Heptathlon (2)	U18 W
08:30	100m Hurdles Heptathlon (1)	U20 W
09:15	High Jump Heptathlon (2)	U20 W
10:00	100m Hurdles Heptathlon (1)	Women
11:00	High Jump Heptathlon (2)	Women
10:20	100m SF	Men
10:45	100m SF	Women

*Warm-up Area

Day 1, 26 July 2025		
Evening Session		
Start Time	Event	Gender
16:00	High Jump Decathlon (4)	U18 M
16:00	High Jump Decathlon (4)	U20 M
18:00	High Jump Decathlon (4)	Men
16:30	Shot Put Heptathlon (3) *	U18 W
16:30	Shot Put Heptathlon (3) *	U20 W
17:15	Shot Put Heptathlon (3) *	Women
18:00	200m Heptathlon (4)	U18 W
18:10	200m Heptathlon (4)	U20 W
18:30	400m Decathlon (5)	U18 M
18:40	400m Decathlon (5)	U20 M
18:30	Hammer Throw*	Men
18:50	400μ. Hurdles	Men
19:05	Triple Jump	Women
19:10	400μ. Hurdles	Women
19:30	400m	Men
19:35	Discus Throw	Women
19:55	400m	Women
20:10	High Jump	Men
20:20	200m Heptathlon (4)	Women
20:25	Shot Put	Men
20:30	800m	Women
20:50	3.000m	Women
20:55	Pole Vault	Women
21:00	Long Jump	Men
21:10	400m Decathlon (5)	Men
21:20	100m	Women
21:25	Javelin Throw	Women
21:30	100m	Men
21:40	1500m	Men
21:50	3.000m S.C.	Women
22:10	5.000m	Men
22:30	4 X 100m	Women
22:40	4 X 100m	Men
23:00	4 X 400m	Mixed

*Warm-up Area

Day 2, 27 July 2025		
Morning Session		
Start Time	Event	Gender
08:15	110m Hurdles Decathlon (6)	U18 M
09:00	Discus Throw Decathlon (7)	U18 M
10:15	Pole Vault Decathlon (8)	U18 M
08:30	110m Hurdles Decathlon (6)	U20 M
09:05	Discus Throw Decathlon (7) *	U20 M
10:30	Pole Vault Decathlon (8)	U20 M
09:45	110m Hurdles Decathlon (6)	Men
10:30	Discus Throw Decathlon (7)	Men
11:45	Pole Vault Decathlon (8)	Men
09:00	Long Jump Heptathlon (5)	U18 W
10:00	Javelin Throw Heptathlon (6) *	U18 W
10:00	Long Jump Heptathlon (5)	U20 W
11:00	Javelin Throw Heptathlon (6) *	U20 W
10:30	Long Jump Heptathlon (5)	Women
11:30	Javelin Throw Heptathlon (6)	Women

*Warm-up Area

Day 2, 27 July 2025		
Evening Session		
Start Time	Event	Gender
17:00	Javelin Throw Decathlon (9)	U18 M
17:30	Javelin Throw Decathlon (9) *	U20 M
18:00	Javelin Throw Decathlon (9)	Men
18:00	800m HEP (7)	U18 W
18:10	800m HEP (7)	U20 W
18:30	1500m DEC (10)	U18 M
18:40	1500m DEC (10)	U20 M
18:30	Hammer Throw*	Women
19:25	Long Jump	Women
19:30	Discus Throw	Men
19:35	110m Hurdless	Men
19:55	100m Hurdless	Women
20:00	Pole Vault	Men
20:10	800m Heptathlon (7)	Women
20:15	High Jump	Women
20:20	800m	Men
20:35	Shot Put	Women
20:40	3.000m	Men
20:55	200m	Men
21:15	200m	Women
21:20	Triple Jump	Men
21:25	Javelin Throw	Men
21:35	1500m Decathlon (10)	Men
21:45	1500m	Women
22:00	3.000m S.C.	Men
22:15	5000m	Women
22:40	4 X 400m	Men
22:50	4 X 400m	Women

*Warm-up Area