

**DAY 0 | THURSDAY 6 JUNE**

EVENING SESSION			
14:30	Shot Put	W	QA
15:45	Shot Put	W	QB
17:10	Shot Put	M	QA
18:25	Shot Put	M	QB

**DAY 1 | FRIDAY 7 JUNE**

MORNING SESSION			
09:35	Discus Throw	M	QA
09:40	100m H Hep	W	
10:10	100m H	W	R1
10:40	110m H	M	R1
10:55	Discus Throw	M	QB
11:05	High Jump Hep	W	A+B
11:10	Triple Jump	W	Q A+B
11:45	1500m	W	R1
12:15	Discus Throw	W	QA
12:20	800m	M	R1
12:55	Long Jump	M	Q A+B
13:05	3000m SC	W	R1
13:35	Discus Throw	W	QB

EVENING SESSION			
18:35	20km Race Walk	W	Final
18:40	Shot Put Hep	W	A+B
19:55	Shot Put	W	Final
20:30	High Jump	W	Q A+B
21:02	Discus Throw	M	Final
21:10	100m	M	R1
21:33	Shot Put	M	Final
21:45	200m Hep	W	
22:20	4x400m Relay Mixed	X	Final
22:40	5000m	W	Final

**DAY 2 | SATURDAY 8 JUNE**

MORNING SESSION			
10:05	Hammer Throw	M	QA
10:10	3000m SC	M	R1
10:40	Pole Vault	W	Q A+B
10:50	100m	W	R1
11:30	Hammer Throw	M	QB
11:45	400m	M	R1
12:10	Long Jump Hep	W	A+B
12:20	400m	W	R1

EVENING SESSION			
18:00	20km Race Walk	M	Final
18:20	Javelin Throw Hep	W	A
19:35	Javelin Throw Hep	W	B
19:50	800m	M	SF
20:10	100m H	W	SF
20:35	Long Jump	M	Final
20:40	110m H	M	SF
21:10	100m	M	SF
21:35	Discus Throw	W	Final
21:41	800m Hep	W	Final
22:05	100m H	W	Final
22:16	110m H	M	Final
22:26	5000m	M	Final
22:53	100m	M	Final

**DAY 3 | SUNDAY 9 JUNE**

MORNING SESSION			
09:00	Half Marathon	M	Final
09:30	Half Marathon	W	Final
10:05	Hammer Throw	W	QA
10:45	Triple Jump	M	Q A+B
11:30	Hammer Throw	W	QB
11:35	High Jump	M	Q A+B
11:50	200m	M	R1
12:40	400m H	W	R1
13:20	400m H	M	R1

EVENING SESSION			
20:05	400m	W	SF
20:30	High Jump	W	Final
20:38	400m	M	SF
21:05	100m	W	SF
21:11	Hammer Throw	M	Final
21:21	Triple Jump	W	Final
21:35	200m	M	SF
22:04	3000m SC	W	Final
22:27	800m	M	Final
22:36	1500m	W	Final
22:53	100m	W	Final

**DAY 4 | MONDAY 10 JUNE**

MORNING SESSION			
10:05	100m Dec	M	
10:18	Pole Vault	M	Q A+B
10:25	Javelin Throw	W	QA
10:35	200m	W	R1
11:05	Long Jump Dec	M	A+B
11:20	1500m	M	R1
11:45	Javelin Throw	W	QB
11:50	800m	W	R1
12:40	400m H	M	SF
13:05	Shot Put Dec	M	A+B
13:15	400m H	W	SF

EVENING SESSION			
19:30	High Jump Dec	M	A+B
20:15	Pole Vault	W	Final
21:05	200m	W	SF
21:33	Hammer Throw	W	Final
21:40	400m	M	Final
21:50	400m	W	Final
22:00	3000m SC	M	Final
22:20	400m Dec	M	
22:50	200m	M	Final

**DAY 5 | TUESDAY 11 JUNE**

MORNING SESSION			
09:35	110m H Dec	M	
10:10	800m	W	SF
10:30	Discus Throw Dec	M	A
10:35	Long Jump	W	Q A+B
10:45	4x400m Relay	M	R1
11:15	4x400m Relay	W	R1
11:35	Discus Throw Dec	M	B
11:55	Pole Vault Dec	M	A
12:00	4x100m Relay	M	R1
12:30	4x100m Relay	W	R1
13:00	Javelin Throw	M	QA
13:10	Pole Vault Dec	M	B
14:25	Javelin Throw	M	QB

EVENING SESSION			
19:05	Javelin Throw Dec	M	A
19:50	10,000m B-race	W	B-race
20:15	Javelin Throw Dec	M	B
20:35	High Jump	M	Final
20:55	Triple Jump	M	Final
21:05	400m H	M	Final
21:18	400m H	W	Final
21:30	10,000m	W	Final
21:36	Javelin Throw	W	Final
22:25	1500m Dec	M	Final
22:53	200m	W	Final

**DAY 6 | WEDNESDAY 12 JUNE**

EVENING SESSION			
20:12	10,000m B-race	M	B-race
20:20	Pole Vault	M	Final
20:28	Javelin Throw	M	Final
20:54	Long Jump	W	Final
21:06	4x400m Relay	W	Final
21:19	4x400m Relay	M	Final
21:31	800m	W	Final
21:44	10,000m	M	Final
22:26	1500m	M	Final
22:38	4x100m Relay	W	Final
22:50	4x100m Relay	M	Final