

THE 2016 MONITORING PROGRAM*

The following substances are placed on the 2016 Monitoring Program:

1. **Stimulants:** ***In-Competition only:*** *Bupropion, caffeine, nicotine, phenylephrine, phenylpropanolamine, pipradrol and synephrine.*
2. **Narcotics:** ***In-Competition only:*** *Mitragynine and tramadol.*
3. **Glucocorticoids:** ***In-competition*** *(by routes of administration other than oral, intravenous, intramuscular or rectal)* and ***Out-of-Competition*** *(all routes of administration)*
4. **Telmisartan:** ***In*** and ***Out-of-Competition***

* The *World Anti-Doping Code* (Article 4.5) states: "WADA, in consultation with Signatories and governments, shall establish a monitoring program regarding substances which are not on the Prohibited List, but which WADA wishes to monitor in order to detect patterns of misuse in sport."